

Public Conveniences (Open daily)

- Cowes
 - * Thompson Avenue near library
 - * Chapel Street
 - * The Esplanade – left & right of jetty
- Red Rocks car park
- Newhaven Park & playground
Phillip Island Road near bridge
- Cape Woolamai
Anzac's car park & surf beach
- Cape Woolamai, Cottosloe Ave, near general store.
- Smiths Beach car park
- The Nobbies adjacent to car park
- Pyramid Rock car park
- Forrest Caves car park
- San Remo foreshore car park
- Rhyll foreshore and reserve

Police Station

- **EMERGENCIES Dial 000**
- 92 Chapel Street, **Cowes**
Ph: 5952 2037
Daily: 8am – 12midnight
Special events – 24 hours.
- Phillip Island Road, **San Remo**
Ph: 5678 5500
Open 16 hours per week

Supermarkets

- **Cape Woolamai Food & Liquor Xpress**
2 Vista Pl Cape Woolamai
- **Coles Supermarket**
Cnr Thompson Ave & Chapel St Cowes
- **Newhaven IGA Liquor** ✓
8-10 Forrest Ave Newhaven

- **Sceney's IGA Supermarket** ✓
161-163 Thompson Ave Cowes
- **San Remo Foodworks**
135 Marine Pde San Remo
- **Woolworths Supermarket**
Thompson Ave Cowes

Transport Services: see separate information sheet



Member of Phillip Island Tourism &



Business Partnership

For further information

Phillip Island Visitor Information Centre
895 Phillip Island Tourist Road, Newhaven
Phone: 1300 366 422

Email: piinfo@basscoast.vic.gov.au

Cowes Visitor Information Centre
Cnr Thompson Avenue & Church Street
Email: cowesinfo@basscoast.vic.gov.au

Wonthaggi Visitor Information Centre
1 Bent St (cnr Bass Hwy), Wonthaggi
Phone: 1300 854 334

Email: woninfo@basscoast.vic.gov.au

Inverloch Visitor Information Centre
16 A'Beckett Street, Inverloch
Phone: 1300 762 433

Email: invyinfo@basscoast.vic.gov.au

Disclaimer: Whilst every reasonable effort has been made to ensure the accuracy of this leaflet, Bass Coast Shire does not accept any responsibility for inaccuracies, omissions, or any action taken as a result of information in this guide. Updated 03/03/12



Where Is? General Services

Phillip Island & Surrounds



www.visitphillipisland.com

Animal Care

- **Cowes Veterinary Clinic**
Cnr Thompson Ave & Melissa Crt Cowes
Ph: 03 5952 2936
- **Phillip Island Veterinary Clinic**
42 Phillip Island Rd Newhaven
Ph: 03 5956 7262
- **Cowes Boarding Kennels** ✓
100 Cowes-Rhyll Rd Cowes
Ph: 03 5952 3470
- **Wildlife Rescue 24 hours**
13 000 WILDLIFE – 13 000 94535

Banks & ATMS

Thompson Ave, Cowes

- ANZ Bank and ATM
- CBA Bank and ATM
- NAB Bank and ATM
- Westpac ATM only (outside newsagents)

Settlement Road, Cowes

- Bendigo Bank and ATM

Marine Parade, San Remo.

- Bendigo Bank and ATM
- Cashcard ATM only (outside supermarket),

BBQs and picnic areas: see separate information sheet

Chemists/Pharmacies

- **Amcal Pharmacy**
24 Thompson Ave, Cowes
Ph: 5952 2061
- **Chemmart Pharmacy**
164 Thompson Ave, Cowes
Ph: 5952 2299
- **San Remo Pharmacy**
123 Marine Pde, San Remo
Ph: 5678 5202

Chiropractors, Massage, & Wellbeing

- **Cowes Therapeutic Massage Centre** ✓
222 Thompson Ave, Cowes
Ph: 5952 3322
- **Health on Course** ✓
8/28 The Concourse, Cowes,
Chiropractic, Massage, Podiatry etc.
Ph: 5952 5686
- **Island Healing** ✓
6 Forrest Avenue, Newhaven,
Massage, Bowen, Facials etc.
Ph: 5956 7886
- **Phillip Island Chiropractic Centre**
4 Daryl Court (Cnr Thompson Ave),
Cowes, Ph 5952 2122
- **The Island Spa Wellness Retreat & Cottages** ✓
183-189 Justice Rd, Cowes
Massage, Facials, Spa treatments etc.
Ph: 5952 6466

Cinema

- **Wonthaggi Cinema**,
Graham St. Wonthaggi
Ph: 5672 3593
- **Leongatha Stadium 4 Cinema**
18 Smith Street, Leongatha
Ph: 03 5662 5762

Church Services: see separate information sheet

Doctors & Medical Centres

- **Bass Coast Community Health Centre**, 1 Back Beach Road, San Remo,
Ph: 5678 5388
- **Phillip Island Medical Group**

* Cowes: 164 Thompson Avenue,
Ph: 5951 1800

* San Remo: 123 Marine Parade,
Ph: 5678 5402

- **Cowes Bulk Billing**
12 Warley Ave, Cowes
Ph: 5952 5877

Hardware Stores

- **Capeview Mitre 10** ✓
Cnr Settlement & Thompson Ave.,
Cowes,
Ph: 5952 2288
- **Home Hardware - Bowens**
83-85 Settlement Rd, Cowes
Ph: 5952 5633
- **Newhaven Hardware** ✓
34 Boys Home Rd Newhaven
Ph: 03 5956 7177

Internet Access: see separate Information Sheet

Linen Hire & Laundromats

- **Phillip Island Linen Service**
Factory 3, 24-26 Boys Home Rd,
Newhaven. Ph: 0408 563 843 or
5956 6296 for linen hire.
- **Island Holiday Hire** ✓
Ph: 5952 5402 or 0419 556 224
- **Cowes Laundrette & Discount Tobacconist**
Shop 4, 14 The Esplanade Cowes
Ph: 5952 2439
- **Laundranet Laundrette**
Shop 3 Cowes Plaza 209-213 Settlement
Rd Cowes Ph: 5952 6596
- **Wash Shop San Remo Laundrette**
- Shop 2/113 Marine Pde San Remo
Ph: 5678 5155